

#### PUBLIC HOUSES AND RESTAURANTS

LEWINNICK LODGE BAR AND RESTAURANT  
Pentire Headland, Newquay TR7 1QD  
TEL: 01637 878137

RICK STEIN FISTRAL  
Fistral Beach, Newquay TR7 1HY  
TEL: 01637 303103

THE BOWGIE INN  
West Pentire, Crantock, Newquay TR8 5SE  
TEL: 01637 830363

THE FISH HOUSE  
Headland Road, Newquay TR7 1EW  
TEL: 01637 872085

#### SUPERMARKETS

TREVILLEY FARM SHOP,  
Trevilley Farm Lane, Newquay TR8 4PX  
TEL: 01637 872310.

For local Cornish produce within a few minutes' drive of Nansledan. Delivery can be arranged. Most of the major supermarkets, Sainsbury's, Morrisons, Tesco, Aldi, Asda and Lidl are all within easy reach of Nansledan.

#### NEWQUAY COMMUNITY SPORTS CENTRE

TEMPUS LEISURE,  
Treherras Road, Yeoman Way, Newquay TR7 2SL.  
TEL: 01637 875533  
Email: newquaysc@tempusleisure.org.uk

The sports centre offers modern facilities including a fitness suite, fitness classes, sports hall, squash courts including Waterworld with fun pool, water flumes and 25m 6 lane main swimming pool. Swimming lesson programmes are available along with health checks surf school, children's activities and a skate park.

Opening Hours: Monday, Wednesday, Friday 7am-9pm  
Tuesday and Thursday 9am-9pm. Saturday 9am-4pm and Sunday 10am-3pm

#### SPORTS CLUBS

NEWQUAY GOLF CLUB  
Tower Road, Newquay TR7 1LT  
TEL: 01637 874354  
Email: info@newquaygolfclub.co.uk  
www.newquaygolfclub.co.uk

HERON TENNIS CENTRE  
Trenance Park, Newquay TR7 2LZ  
TEL: 01637 877555

NEWQUAY ASSOCIATION FOOTBALL CLUB  
Mount Wise Stadium, Cleavdon Road,  
Newquay TR7 2BU

NEWQUAY HORNETS RUGBY CLUB  
Newquay Sports Centre, Yeoman Way, Newquay TR7 2SL  
TEL: 01637 852238

#### CINEMA

LIGHTHOUSE CINEMA,  
King Street, Newquay TR7 1AA  
TEL: 01637 878650

#### LOCAL BEACHES

Newquay has some of the finest beaches in the UK and there are 12 around the Newquay area. Porth Beach, Lusty Glaze & Towan Beach are only 1.5 miles from Nansledan. Fistral Beach which is world class surfing beach is within a few minutes' drive. Many of the local beaches are dog friendly all year around such as Crantock, Fistral, Towan Beach, Watergate and Holywell Bay.  
www.visitnewquay.org/attractions/newquay-beach

CG FRY & SON HAS A HISTORY OF BUILDING INDIVIDUAL HOMES THROUGHOUT THE WEST COUNTRY SINCE 1920 – PROPERTIES WITH IMMENSE CHARACTER, BUILT NOT JUST FOR TODAY, BUT FOR FUTURE GENERATIONS TO ENJOY.

FOR MORE INFORMATION

Contact us on  
**01637 871694**  
nansledansales@cgfry.co.uk

or visit  
**NANSLEDAN.COM**

 CG FRY & SON  
DEVELOPMENT

NHBC REGIONAL AWARD WINNER  
2010, 2011, 2012 & 2014



#### LOCAL EVENTS

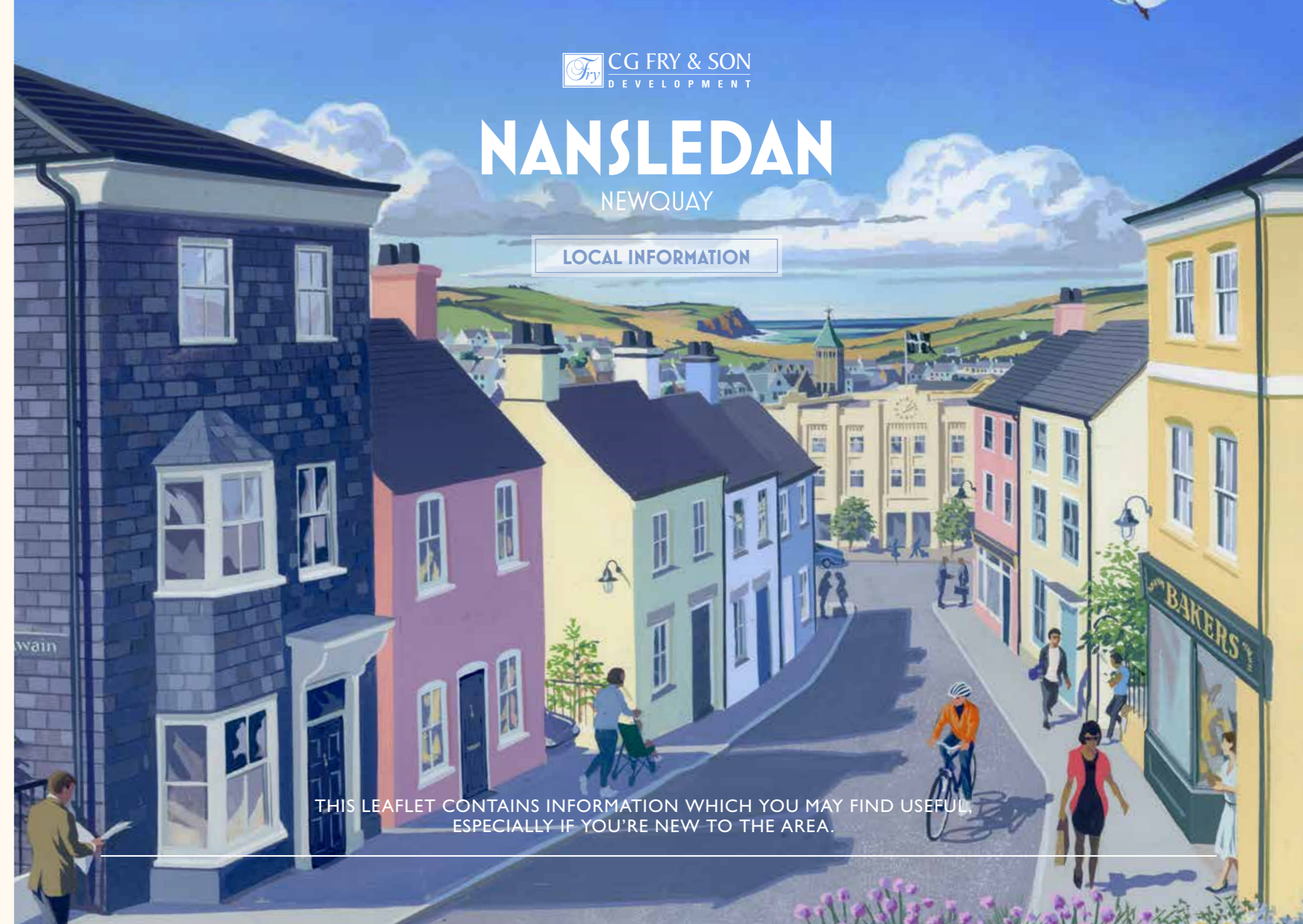
ELECTRIC BEACH FESTIVAL IN JULY  
BOARDMASTERS IN AUGUST  
NEWQUAY FISH FESTIVAL  
in September with music, seafood, crafts,  
harbour activities and celebrity chefs

 CG FRY & SON  
DEVELOPMENT

# NANSLEDAN

## NEWQUAY

### LOCAL INFORMATION



THIS LEAFLET CONTAINS INFORMATION WHICH YOU MAY FIND USEFUL,  
ESPECIALLY IF YOU'RE NEW TO THE AREA.



### CONNECTIONS

**ACCESSIBLE BY ROAD**  
via M5 Exeter/A30 and A38 Plymouth

**NEAREST RAILWAY STATION**  
Quintrell Downs 0.5 miles or Newquay Town 2.5 miles.  
Connections at Par for Bristol, London, Birmingham  
and Manchester. National Rail Enquiries  
**TEL: 03457 484950**  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**CORNWALL NEWQUAY AIRPORT**  
2.5 miles with daily flights to London Gatwick  
7 days per week (taking only 1 hour). Regular flights to  
other UK regional airports & Europe  
**TEL: 01637 860600**

Regular bus links with First Kernow serve the town  
locally with a direct daily service to Truro city  
[www.firstgroup.com/cornwall](http://www.firstgroup.com/cornwall)

A2B Newquay Taxis –  
**TEL: 01637 877777**

### LOCAL SCHOOLS

**NEWQUAY PRE SCHOOL,**  
Clevedon Road, Newquay TR7 2BU  
**TEL: 01637 876033**

**TRENANCE LEARNING ACADEMY (4-6),**  
Trenance Road, Newquay TR7 2LU  
**TEL: 01637 874532**

**ST COLUMB MINOR ACADEMY (5-11),**  
Portbean Road, Newquay TR7 3JF  
**TEL: 01637 873958**  
Email: [secretary@st-columb-minor.cornwall.sch.uk](mailto:secretary@st-columb-minor.cornwall.sch.uk)

**NEWQUAY JUNIOR ACADEMY (7-11),**  
Edgcumbe Avenue, Newquay TR7 2NL  
**TEL: 01637 874543**  
Email: [webenquiries@newquayjunior.net](mailto:webenquiries@newquayjunior.net)

**NEWQUAY TRETHERRAS (11-18),**  
Trevenson Road, Newquay TR7 3BH  
**TEL: 01637 872080**  
Email: [enquiries@tretcherras.net](mailto:enquiries@tretcherras.net)

**TREVIGLAS (11-18),**  
Bradley Road, Newquay TR7 3JA  
**TEL: 01637 872076**  
Email: [office@treviglas.cornwall.sch.uk](mailto:office@treviglas.cornwall.sch.uk)

### NEWQUAY CHURCHES

**NEWQUAY METHODIST CHURCH**  
Beachfield Avenue, Newquay TR7 1DP  
**TEL: 01637 873087**

**MOST HOLY TRINITY CATHOLIC CHURCH**  
Tower Road, Newquay TR7 2JP  
**TEL: 01637851697**  
[www.mostholyltrinity.co.uk](http://www.mostholyltrinity.co.uk)

**ST COLUMB MINOR CHURCH,**  
Church Street, St Columb Minor, Newquay TR7 3EY  
**TEL: 01637 877165**

### MEDICAL INFORMATION

**NEWQUAY HEALTH CENTRE,**  
St Thomas' Road, Newquay TR7 1RU  
**TEL: 01637 850002.**

Opening Times: 8.30am-6.00pm Monday-Friday.  
Late evening pre-bookable appointments Monday to  
Thursday 6.30pm-7.30pm. Out of surgery hours for urgent  
medical attention call NHS on 111

**NARROWCLIFF SURGERY,**  
Narrowcliff, Newquay TR7 2QF  
**TEL: 01637 854433**

Opening Times: 8.30am-6.00pm Monday-Friday Out of surgery  
hours for urgent medical attention call NHS on 111

**NEWQUAY HOSPITAL for minor complaints:**  
St Thomas Road, Newquay TR7 1RQ  
**TEL: 01637 834800**

**ROYAL CORNWALL HOSPITAL for more serious**  
conditions and A&E: 2 Penventinnie Lane, Treリスケ,  
Truro TR1 3LQ  
**TEL: 01872 250000**



### NEWQUAY DENTISTS

**NEWQUAY DENTAL CENTRE**  
194 Henver Road, Newquay TR7 3EH  
**TEL: 01637 879207**

**GENTLE DENTAL UK LTD,**  
55 Henver Road, Newquay TR7 3DH  
**TEL: 01637 852252**

**ATLANTIC DENTAL**  
47 Edgcumbe Avenue, Newquay TR7 2NL  
**TEL: 01637 852888**

### VETERINARY CENTRES

**PENMELLYN VETS**  
157 Henver Road, TR7 3EQ  
**TEL: 01637 871695**

**CLIFTON VILLA VETERINARY SURGERY**  
53 Henver Road, Newquay TR7 3DQ  
**TEL: 01637 851122**

### POST OFFICES

**ST COLUMB MINOR POST OFFICE,**  
222 Henver Road, Newquay TR7 3EH  
**TEL: 01637 873102**

**WHITEGATE POST OFFICE,**  
Whitegate Shopping Complex/Henver Road,  
Newquay TR7 3BP  
**TEL: 01637 851018**

### NEWQUAY LIBRARY

Marcus Hill, Newquay TR7 1BD  
**TEL: 0300 1234 111**

### NEWQUAY TOWN COUNCIL

Municipal offices, Marcus Hill, Newquay TR7 1AF  
**TEL: 01637 878388**

**CORNWALL COUNCIL ONLINE for information**  
on Recycling and Waste, Highways and Transport,  
and Council Tax  
[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

